



23rd ANNUAL 5K SPRING SUN RUN & WALK

Goodwill Industries of South Texas

SATURDAY, MARCH 6, 2010

COLE PARK AMPHITHEATER

5K RUN STARTS: 7:30 A.M. ♦ 5K WALK STARTS: 7:35 A.M.



REGISTRATION:

EARLY REGISTRATION:

Children age 14 & under-\$15 each / Adults-\$20 each

LATE REGISTRATION:

Age 14 & under- \$20 each / Adults- \$25 each
(Early Registration ends Friday, Feb. 26, 2010)

- ♦ All entry fees are non-refundable
- ♦ To register by mail, make checks payable to:
Goodwill Industries of South Texas
Mail with entry form to:
Spring Sun Run
2961 S. Port Ave.
Corpus Christi, TX 78405
- ♦ Register at Goodwill's Corporate Office,
2961 S. Port Ave. or on packet pick-up days.

PACKET PICKUP:

Packets will NOT be mailed.

- ♦ **Thurs., Mar. 4th & Fri., Mar. 5th at:**
Goodwill Industries Corporate Office
2961 S. Port Ave, Corpus Christi, TX
12 p.m. to 6 p.m.
- ♦ **Race Day, Sat., Mar. 6th at:**
Cole Park Amphitheater
6:30 a.m.- 7:15 a.m.

COURSE:

- ♦ **NEW course!** Start & finish behind Cole Park Amphitheater.
- ♦ **NEW race chip technology!** Timing & Race tracking by *iaap*.
- ♦ Flat, hard surface (Routes are along Ocean Dr.)
- ♦ Non-certified

AID STATIONS:

- ♦ Two water stations (start/finish line and 5K turnaround)
- ♦ First Aid will be on patrol

AWARDS:

- ♦ **5K CORPORATE RUN & WALK:** 1st, 2nd, 3rd place awards
- ♦ **INDIVIDUAL 5K WALK:** 1st, 2nd, 3rd place for men & women
- ♦ **INDIVIDUAL 5K RUN:** 1st, 2nd, 3rd place for men & women by age group
7 & under, 8-9, 10-11, 12-13, 14-19, 20-24, 25-29, 30-34,
35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & up.

DOOR PRIZES:

All registrants eligible.

T-SHIRTS:

Available on a first-come, first-serve basis, while supplies last during packet pickup on Mar. 4 – Mar. 5, and the morning of the race to registrants whose

applications are received on or before Friday, February 26, 2010.

FOR MORE INFORMATION: Debby Boyle, (361) 884-4068, Ext. 116

Clip and return this form with your entry fee. Please Print.

NAME: _____

ADDRESS: _____ PHONE: _____

CITY: _____ STATE: _____ ZIP: _____

EVENT ENTERED: (circle one) * Individual 5K Run * Individual 5K Walk
* 5K Corporate Run * 5K Corporate Walk

SEX: (circle one) * Male * Female T-SHIRT SIZE: (circle one) *S * M * L * XL * XXL

AGE: _____ DATE OF BIRTH: _____

WAIVER STATEMENT: Entry is invalid if entrant and/or parent or guardian, if necessary, has not signed below. As a signer of this entry blank, I fully understand that my participation in the 2010 Goodwill Industries of South Texas Sun Run on March 6, 2010 may result in serious injury or illness. Although I fully appreciate those risks, I desire to participate with regard to the consequences. I waive all claims I may have against the sponsors, Goodwill Industries of South Texas, Inc., or any other individual or firm that takes place or is in connection with this event. This waiver shall be binding on my heirs, legatees, administrators, and assignees. Further, I hereby grant full permission to any and all of the foregoing to use my photograph, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose. I further understand that my entry fee is non-refundable.

Signature (Parent or Guardian if under 18 years of age)

NOTE: All 5 members of a corporate team must complete an entry form and sign the waiver statements.

COMPANY NAME: _____

presented by:

